



Trainingsplan CABUWAZI Treptow

1. Halbjahr 2018*

Dieser Plan gehört:



| | MONTAG | | | DIENSTAG | | | MITTWOCH | | | DONNERSTAG | | | FREITAG | | |
|-------|-----------------|-------------------------|-----------|-------------|-------------------|-----------|-------------|-------------------|-----------|-------------|-------------------|-----------|-------------|-------------------|-----------|
| | Großes Zelt | Kl. Zelt/Tanzraum | Turnhalle | Großes Zelt | Kl. Zelt/Tanzraum | Turnhalle | Großes Zelt | Kl. Zelt/Tanzraum | Turnhalle | Großes Zelt | Kl. Zelt/Tanzraum | Turnhalle | Großes Zelt | Kl. Zelt/Tanzraum | Turnhalle |
| 15:00 | | Tanz (7-10 J.) Ilka | | | | | | | | | | | | | |
| 15:30 | | | | | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | | | | | |
| 16:30 | Trapez Tanja | Akrobatik Piotr | | | | | | | | | | | | | |
| 17:00 | | Tanz (10-12 J.) Ilka | | | | | | | | | | | | | |
| 17:30 | Tuch Tanja | Akrobatik Piotr | | | | | | | | | | | | | |
| 18:00 | | | | | | | | | | | | | | | |
| 18:30 | | | | | | | | | | | | | | | |
| 19:00 | | | | | | | | | | | | | | | |
| 19:30 | | | | | | | | | | | | | | | |
| 20:00 | | | | | | | | | | | | | | | |
| 20:30 | | | | | | | | | | | | | | | |
| 21:00 | | | | | | | | | | | | | | | |
| 21:30 | | | | | | | | | | | | | | | |

*gilt ab 01. Februar 2018

- = offenes Training
- = Grundkurs
- = Fortgeschrittene
- = Jugendgruppe
- = CABUWINZIG

