



ab 14.01.19

Trainingsplan - CABUWAZI / Marzahn

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
Tatiana					
Hula Hoop	17:30 - 19:30		17:30 - 19:30		
Hula Hoop Nachwuchs			15:30 - 17:30		
Cabuwinzig - Murkel MT1	15:00 - 16:00				
Cabuwinzig - Küken KT1	16:00 - 17:30			15:30 - 17:00	
Cabuwinzig - Küken KT2		15:30 - 17:00		17:00 - 18:30	
Kita Sonnenschein	09:00 - 11:00				
K. F. Friesen GS		13:00 - 15:00			
Simonn					
Trapez		16:30 - 18:30		17:00 - 19:00	
Cabuwinzig - Küken KS 5	17:30 - 19:00			15:30 - 17:00	
Erwachsenengruppe	19:00 - 21:00				
Angelika					
Kugellauf	17:00 - 19:00		17:00 - 19:00		
Strapaten		16:30 - 18:30		16:30 - 18:30	
Strapatenkarussell			15:30 - 17:00		15:30 - 17:30
Puschkin OS		13:30 - 15:00			
Kita Sonnenschein	09:00 - 11:00				
Bernd Flügel					
Drahtseil			15:00 - 17:00		17:30 - 19:30
Kraftakrobatik			17:00 - 19:00		16:00 - 17:30
Puschkin OS		12:00 - 13:30			
Bernd Fettback					
Rhönrad		15:00 - 17:00	15:00 - 18:00 KH		
Michelle					
Vertikaltuch	15:00 - 17:00			15:00 - 17:00	
Jaci					
Würfel - Akrobatik		17:00 - 19:00		17:30 - 19:30	
Leiter - Akro / Teppich - Akro	15:00 - 17:00			16:00 - 18:00	
Rola Rola	17:00 - 19:00				
Jasmin					
Jonglage	17:00 - 19:00			17:00 - 19:00	
Harald					
Kautschuk	16:15 - 18:15		17:00 - 19:00		
Ralf					
Einrad	17:30 - 19:30		17:30 - 19:30		
Seilspringen		16:30 - 18:30		16:30 - 18:30	
Tanja + Kristina					
Cabuwinzig - Murkel MK2		16:30 - 17:30			
Cabuwinzig - Murkel MK3					16:30 - 17:30
Cabuwinzig - Küken KK3		17:30 - 19:00			17:30 - 19:00
Pit					
Cabuwinzig - Küken Tramp. KP4	15:30 - 17:00		16:30 - 18:00		
Trampolin ü9		17:00 - 19:00			16:30 - 18:30
Puschkin OS		12:00 - 15:00		12:00 - 15:00	
Steve					
Trampolin Nachwuchs		17:00 - 19:00			16:30 - 18:30
Puschkin OS		12:00 - 15:00		12:00 - 15:00	
Natalie, Bernd Fl.					
Pit, Steve					
offenes Training				17:00 - 19:00	
Jürgen					
Drehperche	16:00 - 17:30		16:00 - 17:30		
freie Jugendgruppe	17:30 - 19:30				