



ab 19.08.19

Trainingsplan - CABUWAZI / Marzahn

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
Tatiana					
Hula Hoop	17:30 - 19:30		17:30 - 19:30		
Hula Hoop Nachwuchs				17:30 - 19:30	
Cabuwinzig - Murkel MT1	16:30 - 17:30				
Cabuwinzig - Küken KT1	15:00 - 16:30		16:00 - 17:30		
Würfel - Akrobatik Nachwuchs		15:30 - 17:30		15:30 - 17:30	
Kita Sonnenschein	09:00 - 11:00				
K. F. Friesen GS				13:00 - 15:00	
Puschkin OS		13:30 - 15:00			
Cynthia					
Cabuwinzig Murkel		16:30 - 17:30			
Max / Cynthia					
Trapez		17:00 - 19:00		17:00 - 19:00	
Angelika					
Cabuwinzig - Murkel	15:00 - 16:00				
Kugellauf			17:00 - 19:00	17:00 - 19:00	
Aerialring	16:30 - 18:30	16:30 - 18:30			
Strapatenkarussell			15:30 - 17:00		15:30 - 17:30
Puschkin OS		12:00 - 13:30			
Kita Sonnenschein	09:00 - 11:00				
Bernd Flügel					
offenes Training				17:00 - 19:00	
Drahtseil		16:00 - 18:00	16:00 - 17:30		15:00 - 17:00
Kraftakrobatik			17:30 - 19:00		17:00 - 19:00
Bernd Fettback					
Rhönrad			15:00 - 18:00 KH		15:30 - 17:30
Michelle					
Vertikaltuch	15:00 - 17:00			15:00 - 17:00	
Jaci					
Würfel - Akrobatik		17:00 - 19:00		17:30 - 19:30	
Jasmin					
Jonglage			17:00 - 19:00	17:00 - 19:00	
Harald					
Kautschuk	16:15 - 18:15				17:00 - 19:00
Ralf					
Einrad	17:30 - 19:30		17:30 - 19:30		
Seilspringen		16:30 - 18:30		16:30 - 18:30	
Tanja					
Cabuwinzig - Murkel MK2		16:30 - 17:30			
Cabuwinzig - Murkel MK3					16:30 - 17:30
Cabuwinzig - Küken KK3		17:30 - 19:00			17:30 - 19:00
Pit					
Cabuwinzig - Küken KS 5	16:30 - 18:00		17:00 - 18:30		
Trampolin ü9		17:00 - 19:00			17:00 - 19:00
Johann Julius Hecker OS			14:30 - 16:00		
Puschkin OS		12:00 - 15:00		12:00 - 15:00	
Steve					
Rola Rola	17:00 - 19:00				
Trampolin Nachwuchs		17:00 - 19:00			16:30 - 18:30
Johann Julius Hecker OS			14:30 - 16:30		
Puschkin OS		12:00 - 15:00		12:00 - 15:00	
Jürgen					
Drehperche	16:00 - 17:30		16:00 - 17:30		
freie Jugendgruppe	17:30 - 19:30				
Natalie KN6					
Zirkus AG Gutenberg OS	16:30 - 18:00				
KN 6			17:00 - 18:30		17:00 - 18:30
offenes Training				17:00 - 19:00	
Erwachsene	19:00 - 21:00				
Maria					
Leiter - Akrobatik		16:00 - 18:00		16:00 - 18:00	